

Curriculum Overview PSHE 2025-26

Year Group	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Reception/Year 1 PSHE Cambridgeshire Scheme of Work	Myself and My Relationships 4 <ul style="list-style-type: none"> Beginning & Belonging Conflict Resolution 	Myself and my relationships. 5 <ul style="list-style-type: none"> Me and my relationships 	Citizenship 4 <ul style="list-style-type: none"> Diversity and communities 	Healthy and safer Lifestyles 4 <ul style="list-style-type: none"> Managing Risk Healthy and Safer Lifestyles 5 <ul style="list-style-type: none"> Safety Contexts 	Health and safe Lifestyles 6 <ul style="list-style-type: none"> Sex and relationship Education Healthy and Safer Lifestyles 7 <ul style="list-style-type: none"> Healthy lifestyles 	Citizenship 3 <ul style="list-style-type: none"> Working Together.
Year 2 PSHE (Cambridgeshire Scheme)	Myself and my Relationships 6 Family and Friends Conflict Resolution	Citizenship 5 Rights, rules and responsibilities	Healthy and Safer Lifestyles 9 Personal Safety	Myself and my relationships 7 Anti-bullying	Healthy and Safer Lifestyles 10 Sex and relationships education Economic Wellbeing 1 Financial Capability	Healthy and Safer Lifestyles 8 Drug education Myself and my Relationships 8 Managing Change
Year 3 PSHE	Conflict Resolution	Anti Bullying / Working together	Healthier Lifestyles	Citizenship, rights, rules and responsibilities	Relationships and health education	Managing change
Year 4 PSHE (Cambridgeshire)	Conflict Resolution	Drug Education	Anti-Bullying	Financial Capability	Sex and Relationships Education	Managing Change
Year 5 PSHE (Cambridgeshire Syllabus)	Myself and my relationships (beginning and belonging NB)/ conflict resolution	Citizenship- working together	Citizenship- managing risk	Healthy and safer lifestyles- healthy lifestyles	Healthy and safer lifestyles- Sex and relationship education	Myself and my relationships- My emotions



Beaupré
COMMUNITY PRIMARY SCHOOL

Year 6 PSHE (Cambridgeshire Scheme)	Conflict Resolution	Drug education	Anti-bullying	Personal Safety	Sex and Relationships Education	Managing change (R,C)
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