



WISBECH CHILD AND FAMILY CENTRE

WHAT'S ON

September 2023

Welcome to our Child and Family Centres.

We aim to make sure families have access to the services, support and information they need in a welcoming place.

There is a small charge for some groups, but please let us know if payment may be difficult.



Things you need to know...

Charging

Some groups have a charge of £2 per family, per session, although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR).

Further information is available on the Cambridgeshire County Council's website

www.cambridgeshire.gov.uk (search Privacy Notice).

Location Addresses


Oasis Child & Family Centre
St Michaels Avenue
Wisbech
PE13 3NR


Wisbech South Child & Family Centre
Elizabeth Terrace
Wisbech
PE13 2AQ

If you would like to be kept up to date about our activities by email,
please ask to join our mailing list

Monday				
Sensory Movers 10.30am to 11.30am (New weekly group)	4, 11, 18, 25 September	Time to move on from sensory babies? A new group aimed at children 6-18 months, who are sitting independently and not yet walking. To book, please call 01945 428864.	B £	Oasis Child & Family Centre
Sensory Babies 10am to 11am 1.30pm to 2.30pm (please note: 2 sessions now available)	4, 11, 18, 25 September	Fun filled sensory sessions for pre-mobile children, which help children to develop and improve their motor skills, co-ordination and concentration. Please only 1 parent or carer per child. Parents-to-be welcome. 2 session times available. To book, please call 01945 428664.	B £	Oasis Child & Family Centre
Self-Weigh Drop In 9.30am to 11.30am	4, 11, 18, 25 September	Self weigh for babies and children up to the age of 5. No booking required.	B	Wisbech South Child and Family Centre
Incredible Years Parenting Programme 9.30am to 11.45am	11 September to 4th December (excluding October half term)	Parenting programme suitable for parents and carers of children aged 4-11. To book, please call 01945 481150.	B	Wisbech South Child and Family Centre
Sensory SEND Group 1.30pm to 2.30pm (please note: new session time)	25 September	A play session designed for children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome. Please phone Sarah (07717 864825) for further information prior to booking.	B	Wisbech South Child & Family Centre

B = Booking Required £ = Charge R = Referral only

Tuesday				
Soft Play Fun 10am to 11am	12, 26 September	Bring your child along to enjoy a soft play session at the Child and Family Centre. For children 0-5 years. To book, please call 01945 428664.	B £	Oasis Child and Family Centre
Crawlers to Walkers 10am to 11am (New weekly group)	5, 12, 19, 26 September	A stay and play session for crawlers or early walkers, who are ready to explore the world around them. Suitable for mobile children upto to 2 years. To book, please call 01945 481150.	B £	Wisbech South Child & Family Centre
Lets get Crafting 10am to 11am	5, 19 September	A session full of creative crafting fun. For children 0-5 years. To book, please call 01945 428664.	B £	Oasis Child & Family Centre
Lets get Cooking 10am to 11.30am	12, 26 September	A tasty session. Come along to the Child and Family Centre and cook with us. For children aged 2-5 years. To book, please call 01945 428664.	B £	Oasis Child & Family Centre
Stay and Play: 50 Things 1pm to 2pm 	5, 12, 26 September	Stay and Play session for children aged 0-5. Activities based on the 50 Things To Do Before You're Five app. 5 September #31 Boing 12 September #1 Looking for animals 19 September #33 Home from home 26 September #29 Pitter Patter To book, please call 01945 481150.	B £	Queen Mary Centre Queens Road Wisbech PE13 2PE

Wednesday				
Salvation Army Busy Bees Toddler Group 9.30am to 11am	6, 13, 20, 27 September	Salvation Army led stay and play session for children under 5. Self weigh will be available on 23 August.	£	The Salvation Army Hall John Thompson Road Wisbech PE13 2NF
Sensory Babies 10am to 11am	6, 13, 20, 27 September	Fun filled sensory sessions for pre-mobile children, which help children to develop and improve their motor skills, co-ordination and concentration. Please only 1 parent or carer per child. Parents-to-be welcome. To book, please call 01945 481150.	B £	Wisbech South Child and Family Centre
Stay and Play 10am to 12pm	13, 20, 27 September	An outdoor stay and play at the Spinney Playground. There will be a variety of different play opportunities for the children and parents to enjoy.		Spinney Playground Waterlees Road Wisbech PE13 3HB
Essential Baby Weigh Clinic 10am to 2pm	6, 13, 20, 27 September	Health session with Health Visitors. Appointments must be booked with the health visiting team. Tel 0300 029 50 50	B	Oasis Child & Family Centre
Stay and Play: 50 Things 10am to 11am 1.30pm to 2.30pm 	6, 13, 20, 27 September	Stay and Play session for children aged 0-5. Activities based on the 50 Things To Do Before You're Five app. 6 September #31 Boing 13 September #1 Looking for animals 20 September #33 Home from home 27 September #29 Pitter Patter To book, please call 01945 428664.	B £	Oasis Child and Family Centre

Wednesday continued				
First Steps Storytime and Craft Club 1.30pm to 2.30pm	6, 13, 20, 27 September	Storytime and themed craft sessions for 0-5 years.		Wisbech Library Ely Place Wisbech PE13 1EU
Coffee and Chat Drop In 2pm to 3.30pm	6, 13, 20, 27 September	Come in for a cuppa, play with toys and chat with others.		Wisbech South Child and Family Centre
Pathway to Parenting 5pm to 7pm	6, 13, 20, 27 September	<p>A four-week antenatal programme for first time mums-to-be and your partner. Preparing you for birth and beyond. Sessions cover labour, delivering, baby care and role of professionals you meet along the way.</p> <p>To book, please call 01945 428664.</p>	B	Oasis Child & Family Centre

Thursday				
Little Learners 9am to 12noon	7, 14, 21, 28 September	Specialist group run by the Early Support Team for children with SEND.	R	Oasis Child and Family Centre
Little Explorers' Fun 10am to 11.30am	7, 14, 21, 28 September	Stay and Play for children aged from around 10 months or walking. To book, please call 01945 428664.	B £	Oasis Child and Family Centre
Social Babies 10am to 11.30am	7, 14, 21, 28 September	Warm friendly sociable atmosphere for parents and baby, including a rhyme time and opportunity to self-weigh your baby. Parents-to-be welcome. To book, please call 01945 481150.	B £	Wisbech South Child and Family Centre
Nicu Drop In 12.30pm to 2pm	7 September	A drop in open to families whose babies were on Nicu. For babies up to one year.	R	Oasis Child and Family Centre
Pathway to Parenting Meet and Greet 1pm to 2.30pm	28 September	A meet and greet session for parents who have attended Pathway to Parenting. To book, please call 01945 428664.	B	Oasis Child & Family Centre

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Friday				
Salvation Army Busy Bees Toddler Group 9.30am to 11am	1, 8, 15, 22, 29 September	Salvation Army led stay and play session for children under 5.	£	The Salvation Army Hall John Thompson Road Wisbech PE13 2NF
Messy Play Toddlers 10am to 11am	1, 8, 15, 22, 29 September	Toddler messy play fun, suitable for crawlers and walkers. Dress for mess. To book, please call 01945 481150.	B £	Wisbech South Child & Family Centre
Self-Weigh Drop In 10am to 12noon	1, 8, 15, 22, 29 September	Self weigh for babies and children up to the age of 5. No booking required.	B	Oasis Child and Family Centre

Saturday				
Something on a Saturday 10am to 11am	9 September	Stay and play session for parents who are unable to attend weekday groups to bring children from around 10 months or walking. To book, please call 01945 428664.	B £	Oasis Child and Family Centre
Dads' Group 10am to 11am	23 September	A group for all male carers of under 5's to come and play (currently just for children aged under 5 yrs.) To book, please call 01945 428664.	B £	Oasis Child and Family Centre

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Opening Times

Oasis Child and Family Centre	Wisbech South Child and Family Centre
Monday to Friday 9am to 4pm <i>Booking for sessions will be taken after 9am each day.</i>	Monday to Friday 9am to 4pm <i>Booking for sessions will be taken after 9am each day.</i>

Contact Us

Get in Touch	
Oasis Child and Family Centre 01945 428664	Wisbech South Child and Family Centre 01945 481150
Email us: childandfamilycentre.fenland@cambridgeshire.gov.uk	



Follow us on
Instagram

@wcfc_fenland



Find us on Facebook

Wisbech Child and Family Centres



Find us on YouTube

Cambridgeshire Child and
Family Centres



Breastfeeding Support	Information on support available locally can be found by visiting: www.facebook.com/CambridgeshireInfantFeeding
Are you concerned about the safety of a child?	If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.
Support for Young People	Keep Your Head: A young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues. www.keep-your-head.com



Download the free 50 Things To Do Before You're 5 app
for a menu of exciting activities for families with young children



Let's Get Crafting

Tuesday 5th & 19th September

**Oasis Child & Family Centre
10.00 - 11.00am**

**Stay and Play crafting sessions
for children aged 0-5 years.
Bookings open 1 week prior to the session
you would like to attend
please call 01945 428664 to book.**



CHILDANDFAMILYCENTRE.FENLAND@CAMBRIDGESHIRE.GOV.UK





Let's Get Cooking

Tuesday 12th & 26th September

Oasis Child & Family Centre
10.00 - 11.30am



Come along and make some yummy treats for you to take home and enjoy, suitable for children aged 2 years and above.

12th Sept - Pitta Bread Pizza

26th September - Banana Muffins

Please call 01945 428664 to book.

Bookings open 1 week prior to the session you would like to attend.

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