



**WISBECH
CHILD AND FAMILY CENTRE**

WHAT'S ON

November 2023

Welcome to our Child and Family Centres.

We aim to make sure families have access to the services, support and information they need in a welcoming place.

There is a small charge for some groups, but please let us know if payment may be difficult.



Things you need to know...

Charging

Some groups have a charge of £2 per family, per session, although families on a low income will be eligible for free entry. Please pay in cash on the day.

Charges for childminders - £2 per childminder and own family plus £1 for any minded child or £1 per childminder if not bringing own family members plus £1 for any minded child.

Privacy Notice

The Child and Family Centre holds information about the families and individuals we support for the purposes of monitoring, evaluation and future planning of the Child and Family Centre's services as part of Cambridgeshire County Council.

The information will be held in accordance with the General Data Protection Regulation (GDPR). Further information is available on the Cambridgeshire County Council's website www.cambridgeshire.gov.uk (search Privacy Notice).

Location Addresses


Oasis Child & Family Centre
St Michaels Avenue
Wisbech
PE13 3NR

Wisbech South Child & Family Centre
Elizabeth Terrace
Wisbech
PE13 2AQ

If you would like to be kept up to date about our activities by email,
please ask to join our mailing list.


Monday				
Sensory Movers 10.30am to 11.30am	6, 13, 20, 27 November	Time to move on from sensory babies? A fun filled sensory session for children aged 6 to 18 months, who are sitting independently and not yet walking. To book, please call 01945 428664.	B £	Oasis Child and Family Centre
Sensory Babies 10am to 11am & 1.30pm to 2.30pm	6, 13, 20, 27 November	Fun filled sensory sessions for pre-mobile children, which help children to develop and improve their motor skills, co-ordination and concentration. Please only 1 parent or carer per child. Parents-to-be welcome. To book, please call 01945 428664.	B £	Oasis Child and Family Centre
Incredible Years Parenting Programme 9.30am to 11.45am	11 September to 4th December (excluding October half term)	Parenting programme suitable for parents and carers of children aged 4 to 11 years. To book, please call 01945 481150.	B	Wisbech South Child and Family Centre
Happy Hands 10.30am to 11.30am	6, 13, 20, 27 November	A stay and play session with a different theme each week. Suitable for children aged 0 to 5 years. To book, please call 01945 428664.	B £	Gorefield Community Hall & Pavilion Wolf Lane, Gorefield, PE13 4NE

Monday continued				
Sensory SEND Group 1.30pm to 2.30pm	13 November	<p>A play session designed for children with emerging or diagnosed additional needs and disabilities. Sensory-rich resources and activities to encourage development. A chance for parents and carers to meet and chat in a supportive environment. Siblings welcome.</p> <p>Please phone 01945 481150 for further information prior to booking.</p>	B	Wisbech South Child and Family Centre

Tuesday				
Soft Play Fun 10am to 11am	7, 21 November	Bring your child along to enjoy a soft play session at the Child and Family Centre. Suitable for children aged 0 to 5 years. To book, please call 01945 428664.	B £	Oasis Child and Family Centre
Wellbeing Group 10.30am to 12pm	Starting 10 October to 28 November (excluding half term)	This is a 7 week programme, starting in October and continuing in November. To give parents the tools to manage their emotional well-being and mental health; so, they can both enjoy and meet the demands of caring for a baby and support their transition into parenthood. If you feel you would benefit from the programme, please call 01945 428664 to book your space.	B	Oasis Child and Family Centre
Stay and Play: 50 Things 1pm to 2pm 	7, 14, 21, 28 November	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app. To book, please call 01945 481150.	B £	Queen Mary Centre Queens Road Wisbech PE13 2PE
Introducing Family Foods 1.30pm to 2.30pm	28 November	A workshop to find out more about how to introduce your baby to your family foods. To book, please call 01945 481150.	B	Oasis Child and Family Centre

Wednesday				
Crawlers to Walkers 9.30am to 10.30am	1, 8, 15, 22, 29 November	A stay and play session for crawlers or early walkers, who are ready to explore the world around them. Suitable for mobile children aged up to 2 years. To book, please call 01945 428664.	B £	Oasis Child and Family Centre
Stay and Play 10am to 12pm	1, 8, 15, 22, 29 November	An outdoor stay and play at the Spinney Playground. There will be a variety of different play opportunities for the children and parents to enjoy.		Spinney Playground Waterlees Road Wisbech PE13 3HB
Salvation Army Busy Bees Toddler Group 9.30am to 11am	1, 8, 15, 22, 29 November	Salvation Army led stay and play session. Suitable for children aged 0 to 5 years. Self-weigh will be available on 22 November.	£	The Salvation Army Hall John Thompson Road Wisbech PE13 2NF
Essential Baby Weigh Clinic 10am to 12pm	1, 8, 15, 22, 29 November	Health session with Health Visitors. Appointments must be booked with the health visiting team. Tel 0300 029 50 50	B	Oasis Child and Family Centre
Drop in Weighing Clinic 12pm to 2pm	1, 8, 15, 22, 29 November	An opportunity to come along see the health visitors and get your baby weighed. No need to book.		Oasis Child and Family Centre
Baby Play and Self Weigh 12pm to 2pm	1, 8, 15, 22, 29 November	Running in the room next door to the 'Drop in Weighing Clinic'. Self-weigh available if you do not need to see a health visitor.		Oasis Child and Family Centre

Wednesday continued

Stay and Play: 50 Things 10am to 11am 	1, 8, 15, 22, 29 November	A stay and play session for children aged 0 to 5 years. Activities based on the 50 Things To Do Before You're Five app To book, please call 01945 481150.	B £	Wisbech South Child and Family Centre
BookStart Library Sessions 1.30pm to 2.30pm	Starting 1 November	Run in partnership with the library, we will look at a different book each week for 7 weeks and then have a 'voting' party on the last week where we choose which book was our favourite. To book, please call 01945 428664.	B R	Wisbech Library Ely Place Wisbech PE13 1EU
Coffee and Chat Drop In 2pm to 3.30pm	1, 8, 15, 22, 29 November	Come in for a cuppa, play with toys and chat with others. Self-weigh and baby clothes bank available.		Wisbech South Child and Family Centre
Pathway to Parenting 5pm to 7pm	1, 8, 15, 22, 29 November	A four-week antenatal programme for first time mums-to-be and your partner. Preparing you for birth and beyond. Sessions cover labour, delivering, baby care and role of professionals you meet along the way. To book, please call 01945 428664.	B	Oasis Child and Family Centre

Thursday

Little Learners 9.30am to 10.30am	2, 9, 16, 23, 30 November	Specialist group run by the Early Support Team for children with SEND. Invite only.	R	Oasis Child and Family Centre
Little Explorers' Fun 10am to 11.30am	2, 9, 23, 30 November	A stay and play session for children aged from around 10 months or walking. To book, please call 01945 428664.	B £	Oasis Child and Family Centre
Social Babies 10am to 11.30am	2, 9, 16, 23, 30 November	Warm friendly sociable atmosphere for parents and baby, including a rhyme time and opportunity to self-weigh your baby. Parents-to-be welcome. To book, please call 01945 481150.	B £	Wisbech South Child and Family Centre
Happy Hands 10.30am to 11.30am	2, 16, 23, 30 November	A stay and play session with a different theme each week. Suitable for children aged 0 to 5 years. To book, please call 01945 428664.	B £	Friday Bridge Tower Hall Friday Bridge, Maltmas Drove, Friday Bridge, Wisbech, PE14 0HW
Young Parent 1pm to 2.30pm	16 November	A group for parents 25 and under. Come and join us for a fun Stay and Play session. To book, please call or text Jenny Harvey on: 07833 295979.	B	Oasis Child and Family Centre

Friday				
Messy Play Toddlers 10am to 11am	3, 10, 17, 24 November	Toddler messy play fun, suitable for crawlers and walkers. Dress for mess. To book, please call 01945 481150.	B £	Wisbech South Child and Family Centre
Social Babies 10am to 11.30am	3, 10, 17, 24 November	Warm friendly sociable atmosphere for parents and baby, including a rhyme time and opportunity to self-weigh your baby. Parents-to-be welcome. To book, please call 01945 428664.	B £	Oasis Child and Family Centre
Social Toddlers 10.30am to 11.30am (New weekly group)	3, 10, 17, 24 November	Time to move on from social babies? A new group aimed at children 12 months and older in a warm friendly and social atmosphere; including a rhyme time and parachute fun. Younger siblings also welcome. To book, please call 01945 428664.	B £	Oasis Child and Family Centre

Saturday				
Something on a Saturday 10am to 11am	11 November	Stay and play session for parents who are unable to attend weekday groups. Suitable for children aged 0 to 8 years. To book, please call 01945 428664.	B £	Oasis Child and Family Centre
Dads' Group 10am to 11am	25 November	A group for all male parents and carers of children aged 0 to 8 years to come and play. To book, please call 01945 428664.	B £	Oasis Child and Family Centre

B = Booking Required £ = Charge R = Referral only

Opening Times

Oasis Child and Family Centre	Wisbech South Child and Family Centre
Monday to Friday 9am to 4pm <i>Booking for sessions will be taken after 9am each day.</i>	Monday to Friday 9am to 4pm <i>Booking for sessions will be taken after 9am each day.</i>

Contact Us

Get in Touch	
Oasis Child and Family Centre 01945 428664	Wisbech South Child and Family Centre 01945 481150
Email us: childandfamilycentre.fenland@cambridgeshire.gov.uk	



Follow us on
Instagram

@wcfc_fenland



Find us on Facebook

Wisbech Child and Family Centres



Find us on YouTube

Cambridgeshire Child and
Family Centres



Breastfeeding Support	Information on support available locally can be found by visiting: www.facebook.com/CambridgeshireInfantFeeding
Are you concerned about the safety of a child?	If a child is at risk of harm, or you are concerned about the safety of a child, please call the Contact Centre on 0345 045 5203 between 8am and 6pm, Monday to Friday. If it is outside office hours or at the weekend, call the First Response and Emergency Duty Team on 01733 234724, or the police on 999.
Support for Young People	Keep Your Head: A young people's mental health website for young people and their parents/carers living in Peterborough and Cambridgeshire. The site is universally accessible and is a central point for finding good quality local and national information on keeping well, self-help, and support services covering a range of issues. www.keep-your-head.com
Keep up to date	If you would like to be kept up to date about our activities by email, please ask to join our mailing list.



Download the free 50 Things To Do Before You're 5 app
for a menu of exciting activities for families with young children

SOCIAL TODDLERS

Contact
us to book
£2 per family
concessions
available

Cambridgeshire
**Child and Family
Centres**



Fridays

10.30 to 11.30am

**Oasis Child & Family Centre
St Michael's Avenue
Wisbech PE13 3NR**

A stay and play session with
a rhymetime, in a warm and
friendly atmosphere.

Aimed at children 18 months
and older.

01945 428664

childandfamily.fenland@cambridgeshire.gov.uk

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