Education Inclusion Family Advisor Newsletter November 2023

A message from me..... Do you need support and someone to listen? Contact me t by completing Support Request form. Just scan QR code.



I am Jurate Trumpickiene your Education Inclusion Family Advisor.

Remembrance



November is the month in which we remember our Armed Forces, on the 11th day, on the 11th Month, at the 11th hour (Armistace Day).

The Sunday closest to this day (Sunday 12th November 2023) is when we as a nation celebrate Remembrance Sunday with services and parades across the country. Live on BBC1 at The Cenotaph.

Festival of Remembrance:

Is a great way to learn more about the forces and in paticular, what significant dates we are celbrating alongside our annual remembrance. To watch/listen: Saturday 11th November, on BBC1/BBC Radio 2 at 9pm. The ceremony will also be available on BBC iPlayer shortly after.



Remembrance events | Royal British Legion



Home - Little Troopers - Military Children Support



SSAFA, the Armed Forces charity

Cambridgeshire County Council



Workshops

Please see below the list of workshops that we are delivering this term. They are all accessed via Microsoft Teams.

- 12-1pm: Digital safety/ internet safety – 7th November 2023
- 12-1pm: Parental wellbeing – 14th November 2023
- 12-1:30pm: Supporting with feelings of worry – 21st November 2023
- 12-1:30pm: Supporting with feelings of anger – 28th November 2023
- 12-1pm: Sleep 5th December 2023

Here is the link to the booking form: https://forms.office.com/e/rMYxyBgixQ





Include children in the day-to-day tasks and give them options to choose from where possible. Children go through life with plans set out for them, giving them some control helps them to feel they are included, valued and listened to.

When looking at choices and consequences with behaviour:

Choices

- Limited choices that are acceptable to you
- Positive redirection
- Encourage thinking "What would be a good behaviour choice?"

Consequences

- Logical or natural consequences related to the behaviour. (Three "R's" - Related, Reasonable & Respectful and Helpful)
- Known or aware of in advance.
- Consistent each time & followed through.

Contact me directly: